

HE'S A TRAMP

*Round A Rama
Institute 2009
Dance "D"*

Choreographers: Michael & Diana Sheridan

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Music: The Ultimate Ballroom Album 6 – CD1 – Track 16 – Peggy Lee – “He’s A Tramp”

Released: August, 2009 **Speed:** slow for comfort **Rhythm:** Slow Foxtrot **Phase:** V+2+1

Footwork: Opposite or as noted **Timing:** SQQ except as noted

Sequence: INTRO-A-A-B-A-C-C-B-A-END

INTRO

1-4 WAIT; STEP POINT TWICE; PICKUP TRANSITION; SIDE LOCK & FEATHER ENDING;

- 1 In left escort POS LOD with R foot free for both – wait 1 Meas.;
- 2 XRIF of L, point L sd, XLIF of R, point R sd;
- 3 {S--} Sd R,- draw L to R no weight,-(W {SS} Fwd R trn RF,-, fwd & sd L,-) to CP DLC;
- 4 {QQQQ} Sd & fwd L, XRIB of L, fwd L, fwd R;

PART A

1-5 REVERSE TURN;; HOVER; PROMENADE WEAVE TO BANJO;;

- 1-2 (**Reverse TURN**) Fwd L start LF body trn,-, sd R cont trn, bk L CP RLOD; Bk R begin to turn LF & blend CP,-, sd & fwd L DLW, fwd R outside partner to BJO DLW; (W bk R,-, cl L to R heel trn, fwd R; fwd L,-, sd & bk R, bk L;)
- 3 (**HOVER**) Fwd L in CP,-, fwd & sd R rising to ball of ft, recov L to SCP DC;
- 4-5 (**PROMENADE WEAVE**) {SQQQQQ} Fwd R,-, fwd L trn LF to CP, sd & slgt bk R to CBMP; bk L DC still in CBMP, bk R trn body LF & trn W to CP, sd & fwd L, fwd R to BJO DW (W fwd L,-, fwd R fold to CP, cont trn on R to fc LOD then fwd L DC; fwd R to CBMP, fwd L DC trn LF to COH, sd & bk R, bk L);
- 6-8 **3-STEP; NATURAL TELEMARCK TO CP WITH SIDE LOCK & FEATHER ENDING;;**
- 6 (**3-step**) Fwd L,-, fwd R, fwd L;
- 7 (**Natural Telemark to CP**) Fwd R commence RF trn,-, sd L twd DWL cont RF trn, sd & fwd R with L shoulder lead to stay in CP (W Bk L commence RF trn,-, fwd R cont RF trn, sd & bk L)end CP DWL;
- 8 (**Side lock & Feather Ending**) Repeat Meas 4 of INTRO;

PART B

1-4 DOUBLE REVERSE SPIN; HOVER TO BANJO; FOUR RONDES;;

- 1 (**DOUBLE REVERSE**) {M SS; W SQ&Q} Fwd L comm LF trn,-, sd R ½ trn btwn 1&2, spin LF 3/8 btwn 2&3 on ball of R bring L to R no wght chng fac DLW(W bk R trn LF,-, cl L to R heel trn/ sd & bk R cont LF trn, XLIF of R);
- 2 (**HOVER TO BANJO**) Fwd L comm LF trn,-, fwd & sd R trn to BJO & rising, sd & fwd L to BJO DLC;
- 3 (**FOUR RONDES**) (SSSS) Fwd R DLC, ronde L CW to XIF of R rising to R toe chng sway to R, stp in place lowering onto L comm sway chng to L, ronde R CCW preparing to stp fwd outside W (W bk L, ronde R CW to XIB of L rising to toe of L chng sway to L, stp in place lowering onto R comm sway chng to R, ronde L CCW preparing to stp bk);
- 4 Repeat actions Part B Meas. 3;

NOTE: In Measures 3&4 there is no swivel. M's toes point DLC throughout figure and W's toes point DRW

5-8 WEAVE TO BANJO;; CLOSED HOVER; FEATHER FINISH DLC;

- 5-6 (**Weave to Banjo**){SQQQQQ} Fwd R,-, fwd L trn LF to CP, sd & slgt bk R to CBMP; bk L DC still in CBMP, bk R trn body LF & trn W to CP, sd & fwd L, fwd R to BJO DW (W bk L,-, bk R blend to CP, cont trn on R to fc LOD then fwd L DC; fwd R to CBMP, fwd L DC trn LF to COH, sd & bk R, bk L);
- 7 (**Closed Hover**) Fwd L, fwd R rising fwd to toe, rec L,-;
- 8 (**FEATHER FINISH**) Bk R begin to turn LF & blend CP,-, sd & fwd L DLC, fwd R outside partner to BJO DLC;

PART C**1-4 CURVING 3-STEP; TUMBLE TURN; HOVER CORTE; BACK HOVER SCP;**

- 1 (Curving 3-Step) Fwd L commence LF trn,-, fwd R cont LF trn, fwd L to fac RLOD;
- 2 (Tumble Turn){SQ&Q} Bk R trn LF,-, sd & fwd L cont trn to LOD/ fwd R, fwd L trn sharply LF to CP DRC;
- 3 (Hover Corte)Bk R trn LF,-,sd L, rec R to BJO DLW;
- 4 (Back Hover SCP) Bk L,- bk & sd R rising to toe, rec L to SCP DLW;

5-8 FEATHER; 3-STEP; NATURAL HOVER CROSS;:

- 5 (Feather) Thu R,-, slgt trn LF fwd L, fwd R BJO DLW (W thru L trn LF,-, sd & bk R, bk L BJO);
- 6 (3-Step) Fwd L,-, fwd R, fwd L CP DLW;
- 7-8 (Natural Hover Cross) {SQQQQQ}fwd R strtg RF trn,-,trng RF sd L, cont RF trn sd R; cont RF trn fwd L in SCAR small step, rec bk on R, trng 1/8 LF sd L, fwd R DLC in BJO; (W bk L strtg RF trn,-, trng RF on L pull R to L & cl(heel trn), trng RF sd L DLW; trng RF bk R on SCAR, rec fwd on L, trng 1/8 LF sd R, bk L in BJO;)

END**1-5 OPEN TELEMARCK; CURVED FEATHER CHECK; HEEL PULL CURVED FEATHER; BACK PREPARATION; SAME FOOT LUNGE DOUBLE & CHANGE SWAY;**

- 1 (Open Telemark) fwd L starting LF trn,-, cont LF trn sd R, cont LF trn sd & fwd L DLW in SCP; (W bk R starting LF trn,-, cl L to R cont LF trn (Heel trn), cont LF trn sd & fwd R DLW in SCP;)
- 2 (Curved Feather Check) Fwd R start RF trn,-, fwd L cont RF trn prep step to BJO, fwd R in BJO fcng DRW checking on last step; (W – fwd L strtg LF trn,-, sd & bk R cont trn, bk L in BJO checking on last step;)
- 3 (Heel Pull Curved Feather) {QQQQ}bk L starting strong RF trn, pull R heel bk past L ft cont RF trn with strong left sway, fwd L cont strong RF trn changing sway to R, fwd R in BJO with R sway; (W fwd R between M's feet, sd & fwd L cont RF trn, bk R cont RF trn, swiveling on R XLIB with R side lead;)
- 4 (Back Preparation){M-S,-; W-SQ,-;} Bk L trn RF to fac COH,-, tch R to L,-(W Fwd R trn ½ RF,-, cl L fcng RLOD);
- 5+ (Same Foot Lunge Double) {S&S} Sd & slightly fwd R chng sway to R,-, rise on R & cl L to R/ Sd & slightly fwd R with L sway, chng sway to R; ((W bk R well under body with L sway,-, rise on R & cl L to R/ bk R well under body with L sway, chng sway to R;)